

Menú Basal

Septiembre 2018



	DIA 10	DIA 11	DIA 12	DIA 13	DIA 14
	MACARRONES AMATRICIANA MACARONIS WITH TOMATO AND BACON	LENTEJAS SALTEADAS CON CUSCÚS LENTILS WITH VEGETABLES AND RICE	RISOTTO DE SETAS Y CHAMPIÑONES CREAMY RICE WITH MUSHROOMS	GARBANZOS A LA EXTREMEÑA CHICKPEAS WITH MEAT AND PEPPER	CREMA PARMENTIER CON CRUJIENTE DE BACON POTATO CREAM WITH CRUNCHY BACON
COMIDA	SALMÓN EN PAPILOTE BAKED SALMON WITH VEGETABLES	POLLO EN PEPITORIA ROASTED CHIKEN WITH PEPPER, BOILED EGG...	TERNERA EN SALSA CON PATATAS DADO VEAL IN SAUCE WITH DICED POTATOES	HUEVOS AL HORNO CON PIMIENTOS ASADOS GRILLED EGGS WITH PEPPERS	BIENMESABE CON TOMATE Y SU ALIÑO MARINATED FISH WITH TOMATO
	AGUA, PAN Y YOGUR WATER, BREAD AND YOGURT	AGUA, PAN Y FRUTA DE TEMPORADA WATER, BREAD AND SEASONAL FRUIT	AGUA, PAN INTEGRAL Y FRUTA DE TEMPORADA WATER, WHOLE WHEAT BREAD AND SEASONAL FRUIT	AGUA, PAN Y FRUTA DE TEMPORADA WATER, BREAD AND SEASONAL FRUIT	AGUA, PAN Y NATILLAS WATER, BREAD AND CUSTARD
	DIA 17	DIA 18	DIA 19	DIA 20	DIA 21
	COLIFLOR A LA ITALIANA BREADED CAULIFLOWER WITH TOMATO	JUDÍAS PINTAS CON ARROZ BEANS WITH RICE	WOK DE TALLARINES NOODLES	GUISANTES SALTEADOS CON JAMÓN PEAS WITH HAM	VICHYSOISE POTATO AND LEEK CREAM
COMIDA	LOMO ADOBADO A LA GALLEGA CON PATATITAS MARINATED LOIN WITH POTATOES	HUEVOS REVUELTOS CON QUESO SCRAMBLED EGGS WITH CHEESE	MERLUZA EN SALSA DE VERDURAS HAKE IN VEG SAUCE	ALBÓNDIGAS DE TERNERA EN SALSA DE CURRY Y ALMENDRAS VEAL MEATBALLS IN CURRY AND ALMONDS SAUCE	EMPERADOR AL MOJO VERDE SWORDFISH IN PEPPER SAUCE
	AGUA, PAN Y YOGUR WATER, BREAD AND YOGURT	AGUA, PAN Y FRUTA DE TEMPORADA WATER, BREAD AND SEASONAL FRUIT	AGUA, PAN INTEGRAL Y FLAN WATER, WHOLE WHEAT BREAD AND CARAMEL FLAN	AGUA, PAN Y FRUTA DE TEMPORADA WATER, BREAD AND SEASONAL FRUIT	AGUA, PAN Y ZUMO DE NARANJA NATURAL WATER, BREAD AND NATURAL ORANGE JUICE
	DIA 24	DIA 25	DIA 26	DIA 27	DIA 28
	RAVIOLIS DE RICOTA Y VERDURAS PASTA FILLED WITH CHEESE AND VEGETABLES	ENSALADA DE GARBANZOS CHICKPEAS SALAD	CREMA DE CALABAZA CON PICATOSTES PUMPKIN CREAM WITH CROUTONS	ARROZ MELOSO CREAMY RICE WITH VEGETABLES	ALUBIAS ESTOFADAS CON VERDURAS STEWED BEANS WITH VEGETABLES
COMIDA	PAVO AL CHILINDRÓN TURKEY WITH TOMATO, PEPPER AND ONION	SUPREMA DE SALMÓN A LA NARANJA SALMON IN ORANGE SAUCE	TORTILLA DE PATATA CON TOMATE Y CEBOLLA POTATO OMELETTE WITH TOMATO AND ONION	FILETES RUSOS EN SALSA DE TOMATE BREADED LOIN IN TOMATO SAUCE	CRUJIENTE DE BACALAO CRUNCHY COD
	AGUA, PAN Y FRUTA DE TEMPORADA WATER, BREAD AND SEASONAL FRUIT	AGUA, PAN Y FRUTA DE TEMPORADA WATER, BREAD AND SEASONAL FRUIT	AGUA, PAN INTEGRAL Y YOGUR WATER, WHOLE WHEAT BREAD AND YOGURT	AGUA, PAN Y FRUTA DE TEMPORADA WATER, BREAD AND SEASONAL FRUIT	AGUA, PAN Y ARROZ CON LECHE WATER, BREAD AND RICE WITH MILK

TODOS LOS DÍAS SE OFERTARÁ UN VASO DE LECHE (EXCEPTO AQUELLOS DÍAS QUE HAYA LÁCTEO)